



# CODE OF CONDUCT AND SUBSTANCE ABUSE POLICY

## ATHLETES CODE OF CONDUCT:

(adopted from Children First in Sports, created by Children First in Olmsted County)

There are few things more exciting than participating in youth sports. As an athlete, you have the opportunity to learn new skills, be part of a team, make new friends, get lots of exercise and have fun. The most valuable skill you will learn will be a positive attitude. Win or lose, if you can honestly say after each practice and after every game, "I have done my best," then you will have succeeded.

### CODE OF CONDUCT

As an athlete I will strive to:

- Learn the rules of the game
- Do my best
- Encourage and support my teammates
- Listen to my coach and communicate my needs and goals
- Show respect for officials and accept their decisions
- Avoid unsportsmanlike gestures or language
- Treat the competition as a game, not a war
- Have fun and feel good about my effort
- Display modesty in victory and graciousness in defeat

### SUBSTANCE ABUSE POLICY

Any player found to have USED or have in his/her POSSESSION alcohol, illegal drugs, or tobacco during any supervised soccer activities during the RYSA Traveling soccer season shall be BENCHED for four (4) games for the first offense. ATTENDANCE at practice is mandatory. On the second offense, he/she will be removed from his/her team for the remainder of the season.

- Tobacco includes cigarettes, cigars, pipes and smokeless tobacco products.
- RYSA will not attempt to discipline anyone for guilt by association. However, we feel that this is also dangerous.
- U19 players who have graduated from high school or finished one year of college will be held to this policy. We feel that U19 players are role models for younger RYSA players.
- RYSA considers the "soccer season: to begin with the first team practice and end with the last game the team plays as an RYSA sanctioned team.
- RYSA considers "supervised soccer activities" to include: games, practices, bus trips, carpools, tournaments (including motels/hotels, travel, games, award ceremonies, restaurants and wait time), and anytime the player appears in an RYSA team uniform for any reason.

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Player signature

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date