

Tactical Matrix

Use the tactical matrix as a recommended guide from RYSA for the technical emphasis on player development.

Tactical Emphasis	U9/10	U11/12	U13/U14	U15/U16	U17+
The Game as the Teacher Through Small Sided Games	X	X	X	X	X
1v1 Attacking/Scheming to Get Past an Opponent	X	X	X	X	X
Support to the Player with the Ball-Width and Depth	X	X	X	X	X
Movement off the Ball	X	X	X	X	X
1v1 Defending—Pressure	X	X	X	X	X
2v2 Defending--Cover		X (U12)	X	X	X
Two Man Combination Play—Wall Passes; Overlaps; Takeovers		X (U12)	X	X	X
Possession		X	X	X	X
Other Combination Play—One Touches; Quick Ball Movement, etc		X	X	X	X
Group Defending—Pressure, Cover, Balance			X	X	X
Changing the Point of Attack			X	X	X
Playing to Targets			X	X	X
Speed of Play			X	X	X
Zonal Defending			X	X	X
Team Shape—11v11				X	X

Transition				X	X
Team Defending				X	X
Functional Training (Training that is Specific to their Position)				X	X
Set Plays				X	X
Patterns of Play/Shadow Play					X
Situational Play (Goal Up/Goal Down, etc.)					X
Low Pressure/High Pressure Defending Tactics					X